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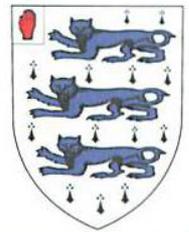
THE THOMAS ADAMS SCHOOL, WEM

incorporating

**ADAMS COLLEGE SIXTH FORM CENTRE
ADAMS HOUSE (BOARDING)**

Headteacher: Mark Cooper BA (Hons)

Deputy Headteacher: Gavin Sterry BSc (Hons) MA



20th October 2020

Dear Parent / Guardian

Children in Need – Friday 13th November



As you may already know, Friday 13th November is this year's BBC Children in Need Appeal day. After the stress and worry of the coronavirus pandemic this year, they are making mental wellbeing a number one priority.

The theme for the day will be 'Come as Yourself' it is all about students embracing their identities, wearing whatever it is that makes them feel comfortable and expressing who they are.

Come as Yourself Day isn't about dressing to impress. It's about showing it's OK to let the world see the real you, so BBC Children in Need can help more young people feel better about themselves.

To help raise funds for Children in Need we are asking that students come as themselves in non-school uniform on Friday 13th (but with sensible PE clothing if they are timetabled PE that day) and that you could make a £1 cashless donation on ParentPay to help Children in Need carry on their amazing work helping support young people.

A virtual assembly will also take place on appeal day to demonstrate what Children in Need do and to see what support is available for themselves if needed.



Local Foodbank

In addition, we would like to support our local community as much as we can and help provide supplies for our nearest foodbank. In support of our foodbank we have a ParentPay option for a donation if you feel able. But, we will also have a trolley in our school foyer on the first week of every month for food donations to be placed into.

Everyone is finding themselves in a very different situation this year, if you are fortunate enough to feel that you are able to help, your donations would be gratefully received and forwarded on for distribution via Whitchurch foodbank. A list of items that they are short of can be found at <https://whitchurch.foodbank.org.uk/shortages/>

Thank you in advance for your support.

Yours sincerely

Mrs M Turner
House Co-ordinator

BBC Children in Need funds incredible organisations supporting young people with their mental health as part of the A Million and Me programme. If you or young people in your life need additional support, here are some organisations that can help:

