

## Transition work

### Health and Social Care

Hello, and welcome to what for most of you will be your first look at Health and Social Care. The study of Health and Social Care is a very broad area and as such we will have to choose some topics to specialise in because there are just too many to study all. We will therefore aim to make our study as applicable as possible and for this reason the first unit you will be looking at is Communication. Because healthcare and social care always involves interacting with others Communication is a key feature of the course. Communication can happen in lots of environments and many different ways and this is the basis of this transition assignment.

In preparation for this you need to

- a) Draw up a list of professions that we might be looking at ( for example, nurse, physiotherapist, social worker, doctor).
  
- b) Draw up a list of the different ways they might communicate ( for example, speaking, emailing)
  
- c) Why would they be communicating? What is the purpose? Write down the blindingly obvious as well as the clever answers!

In the course of even one day we all communicate in different ways and with different people and for different reasons. Draw up a list including these categories for yourself for one day; hopefully it will help you realise how diverse communication is. This does include Instagram and snapchat.

As part of the course we will be using the internet a lot as source for research. In order to get you started on this we would like you to have a look at the article below and then answer some questions on it.

<https://rcni.com/hosted-content/rcn/first-steps/what-person-centred-care-means>

From the article, give three descriptions of person centred care.

Give one reason why someone might be difficult to interact with.

Why is the term 'client' used?

In a paragraph, describe why you think person centred care is an important issue in health and social care today.