

The Thomas Adams School

PE Department

Extra Curricular Programme - Autumn/Winter 2022



| Time | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|---|--|---|
| Lunch Year 7 & 8 - 12.15-12.40pm Year 9-11 - 12.40-1.15pm | Volleyball KS3/4/5 Boys & Girls LJA/LC | PE Detentions (10 mins) CVK Sports Hall | D of E AKG | Benchball KS3 LJA/CS | Badminton KS3/4/5 Boys & Girls CB |
| | | | | PE Detentions (20 mins) CVK Sports Hall | |
| 3.20-4.30pm | After school detentions (Sports Hall) CVK | Football (Boys) KS3/4/5 (Field) LJA/CB/CS/LC | Netball Year KS3/4/5 Boys & Girls (H.Court) CVK/AKG | Football (Girls) KS3/4/5 (S.Hall) LJA/CS/LC | Staff (S.Hall) |
| | KS3/4/5 Handball Boys & Girls (S.Hall) CB/LC | KS3/4/5 Trampolining Boys & Girls(S.Hall) AKG | Rugby (Boys&Girls) KS3/4/5 (Field) TM/CS | | |
| | | | KS3/4/5 (Boys&Girls) Handball (S.Hall) CB/LC | | |

Additional Information

Please arrive to all clubs promptly - lunch pass required

Lunch time clubs start at 12.15-12.50pm for Year 7 and 8 and 12.40-1.15pm for Year 9, 10 and 11 - It is advised that a packed lunch is brought to school on that day

Ensure that you have informed parents of the club you will be attending and that you have a parent / family member to pick you up from school at the end of the practice / fixture

School fixtures have priority over extra-curricular clubs.

Any queries please see Mrs Kempster ASAP