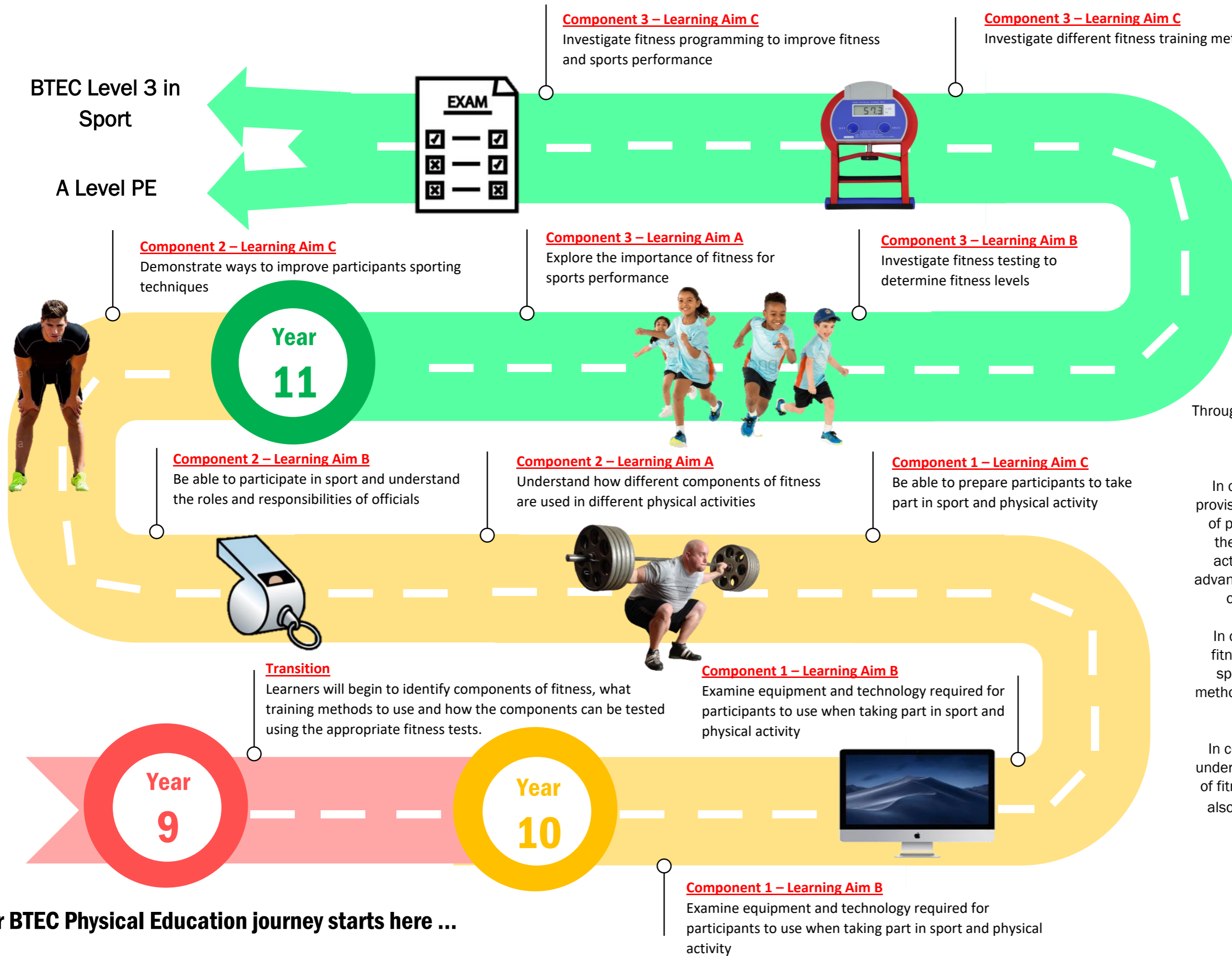


THOMAS ADAMS SCHOOL

BTEC Sport Level 2 Tech Award - Curriculum Map



BTEC Sport Breakdown

Component 1 – Internal Assessment
Component 2 – Internal Assessment
Component 3 – External Assessment
Practical lessons will incorporate elements of theory work

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Practical Lessons

Throughout the course you will take part in physical activity lessons to aid with the theoretical side of the course.

Overview of the Units

In component 1, Learners will explore the different types and provision of sport and physical activity available for different types of participants, barriers to participation and ways to overcome these barriers to increase participation in sport and physical activity. They will also research equipment and technological advances in a chosen sport or physical activity and how to prepare our bodies for participation in sport and physical activity.

In component 2, Learners will investigate the components of fitness and their effect on performance, take part in practical sport, explore the role of officials in sport and learn to apply methods and sporting drills to improve other participants' sporting performance.

In component 3, learners will be introduced to and develop an understanding of the importance of fitness and the different types of fitness for performance in sport and physical activity. They will also develop an understanding of the body and fitness testing.



SCAN HERE to see the Pearson BTEC specification and the content you will cover in more detail.

Your BTEC Physical Education journey starts here ...